

Plastic pollution is one of the most persistent problems in the world despite the implementation of numerous policies to eliminate it. Policies include bans, charges, and extended producer responsibility (EPR) systems. Some countries have recorded significant declines in single-use plastic, but some others are still struggling despite such legislation. Such disparities reveal disproportionate implementation, disparities in infrastructure, and structural constraints that determine policy outcomes. This essay argues that plastic-reduction policies with coherent design, robust enforcement, and systemic waste management are most effective. The key factor in the effectiveness of plastic policy is the extent to which the laws are coherently designed and well-defined. Omondi and Asari (2023) demonstrate that African nations with scopes of appropriate regulations, particularly those that go beyond the ban on plastic bags to the broader single-use plastics (SUP) systems, record more significant decreases. Their survey of 48 policies in 39 countries showed that a lot of regulations fail due to their loose classification of the products, inability to define the specifics, or failure to cover packaging consistently. These ambiguous terms and exemptions provide loopholes that manufacturers and consumers exploit to evade limitations, allowing the distribution of prohibited or unregulated products. Conversely, nations that embrace clear product catalogs, map out biodegradability prerequisites, and guarantee harmony among policy tools are better placed to reduce plastic waste. Besides good policy design, it is also important to have good enforcement mechanisms and regulatory accountability. As Tumu et al. (2023) note, countries that have strong extended producer responsibility (EPR) frameworks, i.e., where producers must legally dispose of the waste of their products, are likely to have a higher recycling rate and less reliance on landfills. These regimes transfer financial and operational costs of governments to industry and encourage producers to

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transfer financial and operational costs of governments to industry and encourage producers to redesign packaging, invest in recycling, and reduce the waste. This indicates that in cases of EPR policies combined with landfill prohibitions or high disposal prices, compliance is enhanced and illegal dumping is reduced. In the absence of such enforcement, even the best policies to reduce plastic will turn out to be more symbolic than efficient. The third pillar of a successful reduction of plastic is the availability of good waste management and recycling set-ups. Tumu et al. (2023) argue that even well-structured policies will not be effective in countries that do not have enough facilities to collect, sort, and process plastic waste. This indicates that countries that have installed coherent waste-management systems, i.e., effective collection systems and recycling systems that are technologically advanced, are much more capable of implementing policy in practical environmental effects. Good infrastructure is also beneficial in the transition to sustainable substitutes to lessen dependence on unregulated substitutes. As a result, infrastructure construction should be developed simultaneously with the legislation to create a lasting and efficient system for plastic reduction. Contrastingly, policy failure is a common phenomenon encountered in most countries due to the lack of these pillars. The ineffective policy design that involves loopholes and a lack of clarity is an evident setback. According to Omondi and Asari (2023), undefined groups of SUPs and wide exemptions and minimal coverage of products create in-policy and out-of-policy waste streams in Africa, which harm progress. This means that despite the high adoption rates of SUP bans, there remains a serious challenge of plastic pollution in the countries that have such bans. The findings indicate that policy adoption in itself cannot be considered a construct valid indicator of effectiveness, but the relative effectiveness of policy depends on the quality and coherence of the policy design. The other major obstacle to successful plastic reduction is symbolic bans, policies that sound tough

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other major obstacle to successful plastic reduction is symbolic bans, policies that sound tough on paper but do not lead to significant change because of structural and contextual constraints. According to Graham (2024), this issue is referred to as plastic policy hypocrisy in the Eastern Caribbean, with governments imposing single-use plastic (SUP) bans and still importing most goods packaged in plastic. Since these small island developing states have no control over the upstream supply chains and have limited infrastructure for recycling these products, bans tend to target consumer-facing products instead of the higher volumes of imported packaging. Such a discrepancy between policy goals and material realities leads to low enforcement, low alternatives, and unintended effects of substitution, which shows the disconnect between ambition and capacity. There are also economic and infrastructural limitations that affect the effectiveness of the policies, particularly in developing countries. The states of the Caribbean islands have limited access to landmass, insufficient waste-processing plants, and a high reliance on imported products, which complicates the implementation of wide-range waste-management plans (Graham, 2024). In the absence of financial resources, technical knowledge, or regional cooperation, policymakers find it hard to replace SUPs with more sustainable ones or introduce successful recycling programs. In different parts of the world, the comparison of the high-performing and low-performing countries reveals that successful strategies of reducing the use of plastics demand more than just bans. The consistent reduction in waste is usually achieved in countries that have robust extended producer responsibility (EPR), landfill prohibitions, and coherent legislation (Tumu et al., 2023). Conversely, the example of African and Caribbean states indicates the problem of warped policy aspiration due to loopholes, ineffective infrastructure, and economic relationships (Graham, 2024). These inequalities underscore the idea that the ability to reduce plastic is not just a matter of policy adoption but also governance capacity and

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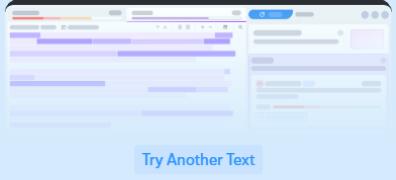
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